

Chose Three of your Greatest Anxieties

Public speaking
Making a mistake
Never being content
Failure
Not being successful
Being ridiculed
Meeting new people
Looking dumb

Being trapped
Being invisible
Not finding a job
Disappointing people
Illness/pain
Being alone
Not belonging anywhere
Not being loved

Making the wrong decision
Poverty
Authority
Death
Other _____
Other _____

Personal Purpose Statement

Because I value _____, _____ and _____ I will use my gifts for _____, _____ and _____ to positively impact _____, _____ and _____.

I accept my fears and anxieties about _____, _____ and _____ and will move forward with God's grace to follow Christ's call to life, and life abundantly.